



**November  
2018**

**Adventure Schools**

**Lunch Menu**

**Drink Water, LOTS of it!  
Make sure to drink water  
before, during and after  
school. Staying hydrated  
helps you focus better at  
school.**

| Monday  | Tuesday   | Wednesday  | Thursday 1   | Friday 2   |
|---|---|--|--|--|
|   |   |  | Beef Chilaquiles<br>Corn<br>Fruit of the Day<br>Variety of Milk                                    | Teryaki Chicken w Rice<br>Green Beans<br>Fruit of the Day<br>Variety of Milk |
| Monday 5  | Tuesday 6   | Wednesday 7  | Thursday 8   | Friday 9   |
| Cheese Burger<br>Corn<br>Fruit of the Day<br>Variety of Milk                                    | Beef & Potatoes Tacos<br>Refried Beans<br>Fruit of the Day<br>Variety of Milk                     | Pepperoni Pizza<br>Broccoli<br>Fruit of the Day<br>Variety of Milk | Spaghetti w Meat Sauce<br>Carrots<br>Fruit of the Day<br>Variety of Milk                           | Chicken Nuggets<br>Green Beans<br>Fruit of the Day<br>Variety of Milk        |
| Monday 12   | Tuesday 13  | Wednesday 14   | Thursday 16  | Friday 16  |
| No School<br> | Turkey w Gravy & Dinner Roll<br>Mashed Potatoes & Stuffing<br>Fruit of the Day<br>Variety of Milk | Pepperoni Pizza<br>Broccoli<br>Fruit of the Day<br>Variety of Milk | Orange Chicken w Rice<br>Carrots<br>Fruit of the Day<br>Variety of Milk                            | Chicken Quesadilla<br>Refried Beans<br>Fruit of the Day<br>Variety of Milk   |
| Monday 19   | Tuesday 20  | Wednesday 21   | Thursday 22  | Friday 23  |
| Beef & Potato Tacos<br>Refried Beans<br>Fruit of the Day<br>Variety of Milk                     | Turkey Corn Dog<br>Carrots<br>Fruit of the Day<br>Variety of Milk                                 | Pepperoni Pizza<br>Broccoli<br>Fruit of the Day<br>Variety of Milk | No School<br> | No School  |
| Monday 26   | Tuesday 27  | Wednesday 28   | Thursday 29  | Friday 30  |
| Chicken Patty Sandwich<br>Corn<br>Fruit of the Day<br>Variety of Milk                           | Beef & Bean Burrito<br>Carrots<br>Fruit of the Day<br>Variety of Milk                             | Pepperoni Pizza<br>Broccoli<br>Fruit of the Day<br>Variety of Milk | Sonoran Hot Dogs<br>Pinto Beans<br>Fruit of the Day<br>Variety of Milk                             | Beef Nachos<br>Refried Beans<br>Fruit of the Day<br>Variety of Milk          |

**MENUS SUBJECT TO CHANGE**

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